



Support | Group Support Young Adult

at Gilda's Club Twin Cities

DATE:

Tuesdays

TIME:

6:30-8pm

WITH:

Gilda's Club Program Staff

COST:

FREE!

SCHEDULE AN INTAKE:

Program

@GildasClubTwinCities.org
or 612.227.2147

LOCATION:

GCTC Clubhouse

10560 Wayzata Boulevard

Minnetonka, MN 55305

*(From 394 go North on Hopkins
Crossroads; then right on North
Frontage road—Wayzata Blvd)*

A place where no one faces cancer alone

*All programs and services are
offered at no cost*



Coping with cancer as a young adult comes with unique situations and complications. As your peers are focusing on attending school, establishing independence, building careers or starting families, you are focusing on survival and finding a new normal.

No one should face cancer alone and shared experiences are powerful ways to bring people together. Whether you are newly diagnosed, a long-term survivor, or anywhere in between, the Young Adult group gives those touched by cancer an opportunity to connect through weekly group meetings with discussion and support.

Join us at Gilda's Club – a warm and welcoming place for people of all ages, genders and backgrounds. Meet others with similar issues and find support, encouragement and resources in this group just for young adults ages 18-35.

All groups are facilitated by a licensed mental health professional who is sensitive to the issues and needs of young adults living with cancer.

Email Program@GildasClubTwinCities.org to learn more about getting involved.