Cancer changes everything, not just health status. When cancer enters the picture it can quickly shift a person’s interests, roles, body image, priorities, perspectives, and engagement in work and leisure activities. For many, these elements form the basis of identity and leave individuals asking the questions “Who am I now?” In this session, we will explore the concept of identity and the potential life-altering shifts that can occur after a cancer diagnosis. We will also explore creative approaches to help you reconnect with your sense of self and others.

We will also learn about creative opportunities coming up this summer at Gilda’s Club. We are offering many creative ways to find your voice and tell your story.

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